# SPIRITUAL RENEWAL WITH STEVE ARONSON

Harmony's Fort Collins Recovery Center

## STARTING APRIL 30TH 4:30-6:00 PM

## COST: \$20.00

## LOCATION

Fort Collins Recovery Center 109 Cameron Dr. | Unit A Ft. Collins, CO 80525

### REGISTER bit.ly/spiritualitygroup

## QUESTIONS

**Brian Tierney 970-797-2665** btierney@ harmonyfoundationinc.com

# JOIN US

Addiction is often called a spiritual disease. People misuse substances to subdue a feeling of spiritual emptiness, believing their lives lack purpose. That makes finding that missing meaning in life an important pillar of recovery.

#### OUR SPIRITUALITY IN RECOVERY GROUPS OFFER:



- Talking Circles
- Nature/Mindful Walks
- Letting-Go Ceremonies
- Tai Chi & Qigong Classes
- Spiritual & Recovery Presentations

#### SPIRITUAL ADVISOR



**STEVE ARONSON** Spiritual Advisor

Steve Aronson knew as a teenager that he wanted to work with people. He took biblical studies at Golden Valley Lutheran College. He has 37 years of recovery fueled by his passion to explore religious studies and spiritual traditions. He is most known for inspiring clients through "Talking Circles," a deep form of communication. Steve is also a tai chi and qigong instructor and loves to encourage people to connect mind, body, and spirit. He has worked with teens in transition since 1999 and adults in recovery for decades. Steve draws from many religious and spiritual traditions to help clients identify the spiritual path that most suits them. He is honored to be a spiritual advisor for Harmony Foundation, a job he feels he has been training for his entire life.



