

Weekly Virtual Family Meeting Tuesdays: 2pm-5pm MT Thursdays: 5pm-8pm MT

# **HOW TO ATTEND**

#### **Smartphone**

Download the free app and enter the Meeting ID and password.

#### **Computer**

Go to <u>zoom.us</u> in your browser and click Join Meeting to enter the Zoom ID and password.

### **Meeting ID and Password**

Zoom ID: 950 9783 0013 Password: Family

#### **Additional Meetings**

To setup additional Virtual Family Meetings, please contact:

Morgan Roy

Phone: 970-586-4491

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harmonyfoundationinc.com



## **HEALING TOGETHER**

At Harmony, we are committed to the healing of both our clients and their families. The healing of one facilitates the healing of the other. By overcoming the hurt and resentment and restoring relationships through courageous and compassionate communication, families are able to move forward in recovery.

Our weekly virtual meetings are a peer driven model allowing families from with all spectrums of recovery to come together to discuss issues like, boundaries, self-care, co-dependency, enabling, trust and communication. Any family member or loved one of a Harmony alumni is invited to participate in this free online peer led support group.



# ABOUT THE FACILITATOR

Morgan Roy has a Bachelors of Science in Applied Psychology with a specialization in Positive Psychology and a Masters in Marriage and Family Therapy from Regis University. Morgan has extensive experience working with family systems, couples, young adults, and adolescents. Morgan has training and education in Gottman Method couples therapy and is currently Level 2 certified and a certified leader of The Seven Principles of Making Marriage Work.