

A photograph of four people (three women and one man) looking at a map together in a forest. The image has a blue tint. The text is overlaid on the image.

RECOVERY IS A JOURNEY.  
HARMONY GIVES YOU THE MAP.

ANNUAL REPORT

2020  
2021

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*Over the past two years, we have grown our outpatient offerings to three active groups, with more planned for the future.*

– JIM GECKLER  
*President/CEO, Harmony Foundation, Inc*



## Recovery is a Journey

A common discussion I have with clients and family members revolves around the expectation that coming to treatment is the solution. Clients feel better, conversations with families are civil, and everyone is hopeful. The reality that the work done at a residential level is foundational, that it is the beginning of the recovery journey is not always greeted with enthusiasm.

Harmony recognized the need to support clients ready to transfer from a residential level of care and those who were seeking help but may not need a residential experience when we launched our intensive outpatient programming in the fall of 2019. Over the past two years, we have grown our outpatient offerings to three active groups, with more planned for the future. We are grateful for the opportunity to offer multiple levels of care for people launching their recovery.

Our alumni services have continued to grow, supporting individuals and family members through The Harmony Hub, peer support groups, and a healthy offering of workshops and fun events. Tabitha Miller from our alumni team started an online book club that has been so popular we are looking at ways to replicate it. Recently, we added an in-person, open-to-the-community, 12-Step meeting out of our Fort Collins Recovery Center on weekdays at noon.



**JIM GECKLER**  
*President/CEO, Harmony Foundation, Inc*



*Our alumni services have continued to grow, supporting individuals and family members through The Harmony Hub, peer support groups, and a healthy offering of workshops and fun events.*

There have been bumps in the road. Harmony has experienced challenges in filling some positions, just like the rest of the world. While we have been flexible and creative, our residential services require in-person staffing. Harmony is not alone in the need for clinical staff these days and, like other programs, we have had to manage the number of clients we are able to care for based on staff. We continue



## Recovery is a Journey

to place client care as our top priority, our staffing levels will always dictate the number of clients for whom we can provide care.

We have also recognized a changing financial landscape. We are seeing more clients who may have left their jobs and are carrying the burden of the treatment cost. We try to provide financial assistance to our clients as best we can—based on need. However, we have seen the same rising costs for utilities, food, services, and supplies as everybody else.

We deliver the same message to ourselves that we deliver to our clients and alumni. The road ahead will be exciting and challenging but there will be unplanned detours. Even with a map we often have to ask for directions, but we move forward trudging the road of happy destiny.

## Message from the Board Chair

Like the rest of the world, Harmony Foundation has traveled down new roads in the past few years. There was no existing guide to managing a global pandemic, evacuating an entire facility due to fire, or addressing employment struggles in this changing environment. But the amazing staff and Harmony have managed to do these things and more! Creating new pathways to continue to support our long-standing mission of providing the foundation for sustained recovery from the diseases of drug and alcohol addiction.

The Harmony board of directors also had to explore new roads and grew in strength because of these adaptations. Online meetings have allowed us to recruit and retain board members from around the globe, individuals who in the past may not have been able to add their experience to our organization.

As our journey continues, I join with the entire board to thank you for your ongoing support of the Harmony mission, staff, and thriving alumni community. Harmony continues to look ahead, identifying new paths of support and reinforcing the well-traveled roads. We will continue to guide people as they build their recovery and continue our dedication to reducing the stigma surrounding addiction.



PAUL WHITTLE  
*Treasurer*



*Creating new pathways to continue to support our long-standing mission of providing the foundation for sustained recovery from the diseases of drug and alcohol addiction.*



ELIZABETH DEAN,  
PCC, CPCC  
*Chair, Philanthropy Committee  
Board of Directors*

## New Board Member

We are incredibly honored that Elizabeth Dean joined our board of directors this year. Elizabeth is the daughter of our founder Bob Dean. She pretty much grew up at Harmony, spending much of her young life on campus, running around the dining room, swimming in the pool, and befriending “students”, as our clients were called back then. Coming back as a board member, she is struck by the incredibly courageous work our staff and clients commit to every day and what a spiritual, beautiful place Harmony is. She understands that our work is intensely personal.

Elizabeth is a professional certified coach (ICF) who lives in New York with her dog Willard—named after the hotel her father managed in Washington, DC before returning to Colorado to start Harmony—and with her mother and sisters nearby. She has pursued many passions throughout her career, from Equity actor and singer at Walt Disney World to managing celebrity-chef-run restaurants in New York City to opening a jazz supper club in Los Angeles for Herb Alpert to recruiting top-level talent for a Fortune 500 corporation. In 2016, she founded her coaching practice, Elizabeth Dean Coaching, where she coaches individuals and groups on leadership, and life and career design in large and small organizations. She is a pragmatic optimist who believes coaching provides a methodology to navigate everyone’s “human-ness” and to find a way forward with positivity, clarity, and purpose.

Elizabeth hit the ground running, joining the board in June, chairing our annual scholarship fundraising committee, and now the philanthropy committee. Elizabeth brings to the board an important legacy connection as well as a keen sensitivity to the work we do.





BY: CAREN FURBEYRE

## New Board Member



CAREN FURBEYRE  
*Board Chair*

“When I think about the planet, if I could fix one thing, it would be addiction,” says Caren Furbeyre, from her home in Coeur d’Alene, Idaho.

That passion makes Caren a great fit as a new board member with Harmony. She understands our mission firsthand, as someone in recovery. Caren was recruited by longtime board member, Paul Whittle, when they met in Ft. Lauderdale, Florida.

“After my first board retreat, I was so inspired that I was even more committed to serving through Harmony,” she explains. “The 12-Step program works, and the staff and board of Harmony are exceptional.”

Caren grew up in Spokane, Washington, and has had an impressive career as an artist and painter, exhibiting primarily in Los Angeles galleries.

“I see similarities between my recovery and my work. Both are spiritual processes in which the immediacy of the moment is the most powerful place to be, to live in the moment in the studio and focus on creating patterns of color and light.”

“Painting is all practice; watercolor is very immediate and so is the practice of recovery. I stay focused on today; there’s only the present moment and you can do anything.”



**50** Clients Received Scholarships

**\$30,157.52**  
FOR VETERAN SCHOLARSHIPS

**\$205,099.04**  
*Scholarship Dollars Awarded*

**734**  
CLIENTS RECEIVED TREATMENT

**2,481**  
Calls for treatment

REVENUE	FISCAL YEAR ENDED JUNE 30, 2021
Private donations	\$292,096
Government grants	\$0
Special events	\$83,043
Corporate, Foundation, and nonprofit grants	\$0
Program service fees	\$9,390,012
Miscellaneous revenue	\$223,383
<b>Total Revenue and Support</b>	<b>\$9,988,534</b>
<b>EXPENSES</b>	
Program services	\$8,755,917
Management and administration	\$1,426,680
Fundraising	\$78,728
<b>Total Expenses</b>	<b>\$10,261,325</b>
<b>Net Income (loss)</b>	<b>(\$272,791)</b>

As a 501(c)(3) nonprofit corporation, Harmony Foundation reinvests all income into its mission.





## With Gratitude

Dear Friends,

Imagine you or your loved one is ready for recovery. Finally.

But the financial resources simply are not there. Insurance runs out or the family just does not have the funds. Most of our clients make less than \$40,000 per year.

That is where the Harmony Scholarship Fund comes in. We are proud that for 52 years—since our beginning—we have offered partial scholarships for those in need.

Scholarships can make a critical difference, allowing people to stay on track, and make progress at Harmony.

Contributions to the Harmony Scholarship Fund are—quite literally—saving lives. Thankfully, we receive generous gifts of all sizes throughout the year and every dollar is spent on helping someone recover. These gifts are 100 percent tax deductible.

Recently our main event to raise funds for scholarships had to be canceled due to COVID. We are sorry we were not able to gather for many reasons, most of all to celebrate our community. But it also means we have yet to raise the scholarship funds our clients need, and due to the pandemic, that need is greater than ever.

To help encourage contributions, an alumnus has graciously offered to match every gift made by alumni, up to \$5,000. Won't you join her in paying it forward today?

Whether you contribute once or monthly, large or small, please know we are most grateful to you.

[donatetoharmony.org](http://donatetoharmony.org)

Stay well,

*Elizabeth*

## Alumni Engagement



“Alumni giving and community engagement have never been higher, and it’s awesome,” says Michael Massel, Director of Alumni and Recovery Support Services.

A perfect example were the more than 100 people who attended our inaugural 5K “Step Up for Women and Recovery,” a walk dedicated to providing scholarships for women in recovery at Harmony. We were thrilled so many people attended this first-time event at Fossil Creek Park, in Ft. Collins last spring.

“It was a great opportunity to do something fun, together, outdoors, and our alumni really came out to support us,” says CEO Jim Geckler. “We also had a wonderful response to FaceBook Fundraisers to honor sobriety anniversaries and birthdays this year.”

Jim posted a FaceBook request for his birthday that resulted in a new frisbee golf game on campus, where it is enjoyed every day. Clients especially appreciated the new outdoor activity this spring.

Another significant campus improvement made possible by alumni support is the new labyrinth, which is an integral part of our clients’ recovery therapy. The labyrinth symbolizes a journey to a predetermined destination (such as a pilgrimage to a holysite), or the journey through life from birth to spiritual awakening to death.

A guided walk through the labyrinth offers an opportunity to access one’s life and leave negative thoughts and feelings behind. Walking the labyrinth can lead to deeper relationships, a stronger sense of community, a feeling of being on a spiritual journey, a sense of inner reflection and connection to sources of guidance, a sense of living in the present, greater creativity, and stress reduction. Our clients and staff have thanked us for adding this to campus and in turn, we are grateful to the anonymous alum whose generous donation made it possible.

As more alumni join The Hub and become engaged with Harmony on a regular basis, their financial support for scholarships also has grown, which makes it possible for someone else to begin their recovery journey.

Alumni donations of all sizes and frequencies make the Harmony experience for future clients that much more meaningful.



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970-586-4491

[harmonyfoundationinc.com](http://harmonyfoundationinc.com)